

Galápagos Central Islands & Inca Discovery - SED07MB



<p>Turkode 22766</p>	<p>Destinasjoner Ecuador - Peru</p>	<p>Turen starter 2062797 https://rest.gadventures.com/places</p>
<p>Turen destinasjon 4842448 https://rest.gadventures.com/places/4842448 Cusco</p>	<p>Reisen er levert av </p>	<p>o dager Fra : NOK</p>

Oversikt

From the unique wildlife of the Galápagos to the towering peaks of Peru, discover two of South America's iconic highlights in one comprehensive adventure — explore the Galápagos aboard the Xavier III before flying into the Andean highlands. As one of the larger tour operators in the Galápagos, our exclusively operated fleet of yachts offers great value and in Peru we run our own treks, ensuring the fair treatment of our porters and the quality of food and equipment as you follow the Inca Trail to Machu Picchu. Experience the intense variety and striking beauty of two of South America's most dramatic regions.



Reiserute

Quito

Arrive at any time.

A G Adventures representative will greet everyone at the hotel and brief the group on the various aspects of the tour.

Quito/Puerto Ayora

Transfer early to the airport for the flight to the Galápagos Islands. Upon arrival meet the Naturalist Guide, who will assist with the transfer to the Xavier, located in Puerto Ayora on Santa Cruz Island. Visit the Santa Cruz highlands and get up close and personal with giant tortoises.

Flights from Quito to Baltra depart between 6:40am and 9:40am depending on the day of the week. These will arrive into the Galápagos between 9:30am and 12:30pm with a short refuelling stop in Guayaquil (you will not disembark the plane). You will generally arrive at the boat in time for lunch before the afternoon activity.

Chinese Hat/Black Turtle Cove

Visit Chinese Hat for snorkelling opportunities and to observe the birds and sea lions before taking an excursion to Black Turtle Cove to see the marine life.

Spot Galápagos penguins and explore marine life that is fantastic for snorkelling. There is also a large sea lion colony at Chinese Hat as well as many marine iguanas that can be seen on the guided walk. Hike among the volcanic scenery, with good views to the cone of the island's volcano. In the afternoon, take an excursion by "panga" to Black Turtle Cove to witness the extensive mangrove system and interesting waterway canals. Sea turtles and different species of rays can often be seen in this cove, offering a peaceful and fascinating glimpse into the diversity of the area.

Cerro Dragón/Islas Daphne

Visit Cerro Dragón on the west coast of Santa Cruz Island to see land iguanas and a salt water lagoon frequented by flamingos and other species of birds. Continue to Daphne Island in the afternoon to spot birds and wildlife.

Islas Plaza/Santa Fé Island

Land at South Plaza in the morning for wildlife spotting opportunities. Afternoon visit to Santa Fé Island for guided walks to observe the wildlife and plentiful marine iguanas. Opportunities for swimming and snorkelling with the sea lions.

San Cristóbal Island/Quito

Visit the Interpretation Centre on San Cristóbal Island before flying back to Quito.

Transfer to the group hotel upon arrival, and enjoy one last night on the town.

Quito/Lima

Explore Quito before flying to Lima in the evening.

Your transfer to the airport and your flight to Lima are included in this trip. Please note that this flight is unescorted and your transfer will be waiting for you at the Lima airport and will bring you to your hotel.

Lima/Cusco

Hop on a flight to Cusco. Enjoy a free day of shopping and exploring the city. Choose to pre-book the Cusco Cooking Class. Opt for a city tour.

Take a transfer to the airport for the flight to Cusco. Spend the rest of the day relaxing and exploring this fascinating city, and getting used to the altitude.

Cusco/Ollantaytambo

Enjoy a full-day guided tour of the Sacred Valley. Stop at the G Adventures-supported women's weaving co-op before visiting a local pottery making community. Break for lunch at the G Adventures-supported Parwa Community Restaurant in Huchuy Qosco. After lunch, opt to head out on a hike to the Ollantaytambo storehouses and look out over the ruins. Or, wander around the cobblestone streets and visit a local Chicheria (corn beer bar).

Inca Trail

Depart Ollantaytambo by van to km 82 where the Inca Trail begins. Ease into the adventure with a straightforward day of hiking the meandering streams, stunning Andean scenery, and ancient Incan ruins.

Trek through beautiful scenery, with a variety of flora that changes with the seasons, passing several smaller ruin sites like Llactapata.

Machu Picchu/Cusco

The final day of the hike starts pre-dawn to reach the Sun Gate before sunrise. Catch the first views of the breathtaking ruins of Machu Picchu on a clear day. Hike down for a guided tour of the ruins, before your train back to Cusco.

Cusco

Depart at any time.

Viktig Informasjon

Product Line Code

SEDo7MB

What's Included

Your G for Good Moment: Ccaccacollo Community and Women's Weaving Co-op visit, Ccaccacollo Your G for Good Moment: Parwa Community Restaurant the Sacred Valley, Lamay Your G for Good Moment: Handmade Biodegradable Soap Products Your Discover Moment: Cusco. Cruise the Galápagos Islands aboard the Xavier (4 nts). Incredible wildlife encounters. Daily opportunities for swimming and snorkelling. Flights to and from the Galápagos Islands. Snorkelling equipment and wetsuits aboard Galápagos yacht. Sacred Valley guided tour. Pottery making demonstration. Inca Trail hike with local guide, cook, and porters (4 days). Guided tour of Machu Picchu. Internal flights. All transport between destinations and to/from included activities.

Highlights

Cruise the Galápagos for four nights aboard the Xavier III, snorkel with sea lions and discover spectacular marine life in protected bays, Visit El Chato Reserve to spot giant tortoises in their natural environment, Soak in the views and culture of the Sacred Valley, climb the Inca Trail to Machu Picchu

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes

the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary. **VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission. Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

1. **COMBO TRIP** Please note that this tour is a combination of two G Adventure trips. As such, the staff and/or particular vehicles operating your tour may change between tour segments. The different sections of your trip will be led by different CEOs, one in Ecuador and one in Peru. You may also expect some group members to join or leave the tour, between tour segments.
2. **INCA TRAIL/MACHU PICCHU RULES** The rules and regulations controlling the Inca Trail and Machu Picchu are continually changing. Before embarking on your adventure to Peru it is very important that you familiarize yourself with the Inca Trail booking policies and guidelines as described in a document available on our website, at the following URL address: <http://www.gadventures.com//terms-conditions/inca-trail-booking-policies/>
3. **INCA TRAIL HIKE** Please advise at time of booking if you do not wish to hike the Inca Trail. Instead, you will have 2 nights in Cusco, travel by train for a night in Aguas Calientes, and join the hikers for the tour of Machu Picchu.
4. **INCA TRAIL CLOSURES** Portions of the Inca Trail will be closed for general maintenance during the month of February each year. Also, closures may occur at various times throughout the year due to inclement weather or other conditions beyond our control. During these periods, any tour affected will hike the Lares Trek.
5. **CONFIRM DETAILS WITH US** Once you have confirmed your booking please give us your international flight details and advise us if you have any important issues such as allergies, special diets, etc.
6. **GALAPAGOS ISLAND PARK ENTRY FEE** The Ecuadorian government currently levies a Galapagos Islands Park entry fee of \$100 USD per person. This is payable at the airport upon arrival in the park. It is not included in the cost of the tour, and must be paid in CASH. This fee funds Park maintenance and supervision in Galapagos, as well as ecological study, conservation and infrastructure development in Ecuador's other National Parks. Entry fees and the funds they generate for the National Park System are among measures taken by the Ecuadorian government to protect its natural heritage.
7. **TRANSIT CONTROL CARDS** The Consejo de Gobierno (local government council) have implemented a system of Transit Control Cards at a fee of \$20 USD per person. This card is to be purchased in CASH at a counter in the Quito airport before boarding the flight to the Galapagos. Please retain this card along with your passport as you will be required to present this upon arrival to the Galapagos Islands. Please note that this applies to all tourists entering the Galapagos Islands and is a supplement to the existing entry fee to the National Park and is not controlled by tour operators or travel agencies. It is the first of a number of initiatives to track, control and maintain the sustainable tourism targets set out by the Galapagos National Park and the Ecuadorian government in an attempt to preserve the fragile environment of the archipelago.
8. **YACHT CABINS** Please note that the rooming on our Galapagos yachts is done on a first-come, first-serve basis, and we are not able to guarantee the specific cabin you will receive on board. The cabins are comfortable and clean, all with private bathrooms. Due to the specific location of the cabins on board, the window sizes vary as well as the noise at times when the boat is navigating, given the proximity of the cabin to the engine room. Our friendly and competent crew will ensure the smooth and comfortable journey for the duration of your tour.
9. All travellers are required to pay the tax on domestic flights in Peru and Ecuador. Foreign travellers are exempt from this, and proving you are indeed a foreign traveller can be done by providing us with your international ticket number (ITN). Travellers who do not submit international ticket numbers at least 30 days prior to Day 1 of their tour will be required to pay the domestic tax on all included flights.

Group Leader Description

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds. For our shipboard expeditions and voyages we have a highly experienced shipboard staff and crew, including a local naturalist guide in the Galapagos (certified by the Galapagos National Park).

Group Size Notes

Max 16, Avg 12

Meals Included

13 breakfasts, 8 lunches, 7 dinners

Meals

Eating is a big part of traveling. G Adventures understands the importance of breakfast to start your day, we strive to include a basic breakfast wherever possible. A typical breakfast may include toast, coffee and tea, however this may vary depending on the city. Should breakfast not be included, your CEO can suggest some local options. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. For all trips please refer to the meals included and budget information for included meals and meal budgets.

Transport

Plane, motorized yacht (Xavier), van, train, hiking, public bus, panga.

Local Flights

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Accommodation

Hotels (6 nts), aboard the Xavier in twin-share cabins (4 nts), camping (3 nts).

My Own Room

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

My Own Room Exceptions

Nights 10-13: Inca Trail or Nights 10-12 Lares Trek.

About Accommodation

Please note that hot water shortages and power outages can be fairly common in Latin America (even in upgraded hotels and private homes). We appreciate your patience and understanding that these occurrences are outside of our control.

Joining Hotel

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

Joining Instructions

The Quito International Airport is approximately one hour outside of the city centre where your joining hotel is located. There are a number of routes the driver may take depending on time of day and traffic, however, the route often seems long and indirect. The easiest and cheapest way to get there is by organizing a taxi at the desk within the airport (approximately \$30 USD). Private transfers generally cost more as the cars will need to drive from Quito, to the airport, and return. Immediately after the customs and immigration area, as you head to the exits, you will find a taxi stand. We strongly recommend you pay for the car at set rates from the taxi stand and therefore won't need to worry about sorting out a ride outside the airport facilities, where the situation tends to get more chaotic with many drivers vying for few clients. The taxis outside the airport area do not belong to the Taxi Airport Union and may charge higher fares. There is also a shuttle available with the bus company Aeroservicios. Aeroservicios charges 8 USD to board a bus which will take you from the new airport to the old airport. The buses are new, comfortable, and often include wifi. From the old airport, a taxi to get to your hotel would generally cost \$5 USD depending on the distance and location. If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi. Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time. Similarly the last day is a departure day during which no activities have been planned. A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time and your transfer times back to the airport the next day. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning. Excess luggage can be stored free of charge at the joining hotel during your tour if desired.

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible. AIRPORT TRANSFER If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that: Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel. EMERGENCY CONTACT NUMBERS G Adventures Office Lima, Peru. During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650 After hours Emergency number: +51 99 758 2712 (WhatsApp Available) If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found here. Toll-free, North America only: 1 888 800 4100 Calls from UK: 0344 272 0000 Calls from Germany: 0800 365 1000 Calls from Australia: 1 300 796 618 Calls from New Zealand: 0800 333 307 Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Continuing Point Hotel

Lima La Castellana Hotel Grimaldo del Solar 222 Miraflores Lima Peru Tel: + 511 444-3530

Continuing Point Instructions

Please note that Day 7 you will fly from Quito to Lima for the second part of the trip. Included in this trip is your transfer to the airport and your flight to Lima. A transfer will be waiting for you at Lima airport and will transfer you to your hotel where you will be contacted by a G Adventures representative regarding the next portion of the tour. You will be off to Cusco the next morning. Upon leaving the customs area, follow the gates and turn right to exit the airport. Just before exiting there is a small area on the left hand side where the official transfers are waiting with signs. Look for a G Adventures sign board with your name in this area. If for any reason you do not see it, go to the customer service area to wait. In the event that your driver does not arrive within 20 minutes please ask the information desk to arrange an official taxi for you which should cost approximately \$20 USD and this money will be reimbursed by your CEO or G Adventures representative. NB - As you walk out of the airport there will be many drivers holding signs with agency or passenger names as well as taxi drivers asking you if you require their services. These are not our drivers and you should not accept their services. If you wish for us to arrange a return Cusco to Lima flight, you may consider staying a day or two extra in Cusco to allow sufficient enough time to see all that the city has to offer.

What to Take

Most people automatically assume that the weather is hot in South America, but because of the higher altitude in the Andes, the temperature can feel quite cold, especially at night. We recommend the use of a duffel bag or backpack, whichever is easiest for you to carry. A good size daypack is also essential. There is not a lot of extra space on the boat in the Galapagos. Life aboard the yacht is very informal, making casual, comfortable clothing a must. Please note that Galapagos is a protected National Park so your luggage will be checked before arrival and departure to and from the islands. Don't bring with you any food, seeds or other organic material that could affect the delicate ecosystem of the islands. Porters are not often available, so be prepared to carry your own bags. Please remember that you can leave unnecessary articles in your joining hotel storage room. Please

do not bring any alcoholic beverages aboard, as your boat has a bar offering a variety of alcoholic drinks and prices are reasonable. **LUGGAGE ALLOWANCE ON THE BOAT:** Please note that the amount of luggage you can bring on the boat is LIMITED due to small cabin size. We recommend travellers use soft sided duffel bags of 40-50 litres in capacity. We will accept luggage types onboard, however if you are a single traveller sharing with another traveller, it's especially important to keep in mind that cabins are small in size and it's best to pack light. Luggage storage facilities are available at the start hotel for anything you don't need while you are exploring the Galapagos. Please note that the electric outlets on this boat are 110v and will have either 2 flat prongs or two pin-like prongs. If necessary please bring an adaptor with you for your electric devices, ie, battery chargers.

Packing List

Available for Rent: • Camping mattress/sleep mat (45 soles) • Sleeping bag (45 soles) • Walking poles (15 soles each (30 per pair)) Cold Weather: • Long-sleeved shirts or sweater • Scarf • Warm gloves • Warm hat • Warm layers Documents: • Flight info (required) (Printouts of e-tickets may be required at the border) • Insurance info (required) (With photocopies) • Passport (required) (With photocopies) • Required visas or vaccination certificates (required) (With photocopies) • Vouchers and pre-departure information (required) Essentials: • Binoculars (optional) • Camera (With extra memory cards and batteries) • Cash, credit and debit cards • Day pack (Used for daily excursions or short overnights) • Ear plugs • First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking) • Flashlight/torch (Headlamps are ideal) • Fleece top/sweater • Footwear • Hat • Locks for bags • Long pants/jeans • Moneybelt • Outlet adapter • Personal entertainment (Reading and writing materials, cards, music player, etc.) • Reusable water bottle • Shirts/t-shirts • Sleepwear • Small travel towel • Sunglasses • Toiletries (Preferably biodegradable) • Watch and alarm clock • Waterproof backpack cover • Windproof rain jacket Health & Safety: • Face masks (required) • Hand sanitizer (required) • Pen (Please bring your own pen for filling out documents.) • Rubber gloves Inca Trail: • Hiking pants (Convertible/Zip-off and quick dry recommended) • Pack liners to waterproof bags • Rain gear • Sleeping bag (Also available for rent) • Thermal base layer • Travel pillow • Walking poles, rubber-tipped (Also available for rent) • Waterproof hiking boots Marine: • Drybag (Will help keep cameras and essentials dry) • External battery pack • Motion sickness tablets • Sarong • Snorkel gear (optional) (Only if own equipment is preferred.) Warm Weather: • Sandals/flip-flops • Shorts/skirts (Longer shorts/skirts are recommended) • Sun hat/bandana • Swimwear Note: The best clothing for trekking is either wool or synthetic materials in layers, as this is quick-drying and can keep heat in better. We suggest a base-layer, then a mid-layer such as a light fleece jacket or similar, then a windproof and waterproof layer. Please note for trekking rentals credit cards are the preferred method of payment.

Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

Visas and Entry Requirements

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy, or consulate for the most up-to-date visa requirements, or see your travel agent. As of Aug. 2019, the following nationalities will require a Visa to enter Ecuador: Angola, Cameroon, Gambia, Ghana, Guinea, India, Iraq, Libya, Democratic Republic of Congo, Syria, Sri Lanka, Afghanistan, Bangladesh, Cuba, Eritrea, Ethiopia, Kenya, Nepal, Nigeria, North Korea, Pakistan, Senegal and Somalia Venezuelan nationals entering Ecuador must have a humanitarian visa.

Detailed Trip Notes

LIFE ON BOARD The daily schedule consists of a shore excursion immediately following breakfast, lunch aboard and perhaps a siesta before the afternoon shore excursion. In the evening after dinner, your naturalist guide will brief you on the islands to be visited the following day. You are ferried from the yacht to shore via small boats called pangas. Landings are either "dry" or "wet", where you might have to wade ashore in shallow water. Your naturalist guide will accompany you during all excursions. **CLIMATE** Located on the Equator, the Galapagos climate is tempered by the Humboldt Current, so you do not experience extreme heat. The warmest weather is December to June, when temperatures range from 22-33°C (72-90 °F), and the water temperature is in the mid 20s (mid 70°F). From July to November, the temperatures are cooler and range from 18-24°C (60s -75°F). The average water temperature rarely reaches 21°C (70°F).

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available some may not accept all international credit or debit cards. You may need to try at more than one machine if the first does not accept your card. You should also check with your bank before leaving to ensure that your card works internationally. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds. Please bring USD banknotes in denominations smaller than 100, as they can be hard to exchange in Ecuador. 100 dollar bills of certain series (e.g. CB B2) can be especially hard to cash! **CURRENCY EXCHANGE TIP:** Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent). As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Tipping

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service. You will receive a tipping guideline for the Inca Trail / Lares Trek from your CEO in Cusco. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. At the end of each trip if you felt your G Adventures CEO or and

crew did an outstanding job, tipping is appreciated. There will be two envelopes left in your cabin on the final night of your tour, one for the CEO and one for crew members. The amount is entirely a personal preference, however as a guideline a per traveller tip of 7-10 USD, per day for your CEO and 10-15 USD per day for the crew can be used.

Optional Activities

Quito - Middle of the World (40-50USD per person) - Quito City Tour and Equator (50-60USD per person) - Quito City Tour (40-50USD per person) - Teleférico (8USD per person) Papallacta - Papallacta Hot Springs - Full Day Trip (70-100USD per person) Cotopaxi - Cotopaxi Volcano - Full Day Trip (70-100USD per person) Santa Fé Island - Snorkelling (Santa Fé) Cusco - Cusco City Tour (45PEN per person) - Inka Museum (10PEN per person) - Cusco Tourist Ticket (130PEN per person) - Cusco Cooking Class Ollantaytambo - Ollantaytambo Storehouse Ruins and Hike Urubamba - **Whitewater Rafting Urubamba (165PEN per person)

Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure. You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group. Please note your Adventure travels to high altitude. This is medically defined as anything over 8,000 feet (2,440 meters). Most people can travel to 8,000 feet with minimal effects. However, everyone reacts to altitude differently and altitude sickness can on set with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are effected on your Adventure, please consult your physician.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions. Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately. Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk. We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit: www.gadventures.com/travel-resources/safety/

Trip Specific Safety

Please take care when wandering around on your own both in Quito and in Lima, as some areas can be dangerous and pick-pockets are daring.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Travel Insurance

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally. G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need. G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with Planeterra Foundation. Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment. Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customerservice@gadventures.com and we will send it on to you.

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/ Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for Planeterra's monthly news to learn more about how to give back and support the people and places we love to visit.

Minimum Age

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

Max Pax

16

Group Leader

Local naturalist guide (certified by the Galápagos National Park) while in the islands, Chief Experience Officer (CEO) in Lima, local guide from Cusco onwards.

Travel Style

Classic

Priser / Datoer

Ved skriftlig aksept av vårt tilbud bekrefter du/dere at våre betingelser er både lest og forstått og at evt kansellerings gebyrer kan tilkomme ved en evt. avbestilling av reisen

Tilgjengelige datoer	Pris (1 voksen)	Pris (1 barn)	Status reise
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Vi vil komme tilbake til deg med et tilbud på den forespurte reisen/pakken i løpet av 48 timer. Alle tilbud er uforpliktende og er vanligvis gyldige i 7 dager. Vi gjør oppmerksom på at reserverte tjenester kan bli kansellert innenfor disse 7 dagene og at pris kan endres inntil en endelig bestilling er mottatt.



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