

Kilimanjaro Climb Rongai Route



Turkode
TYW

Turen destinasjon
Marangu

Destinasjoner
Tanzania

Reisen er levert av



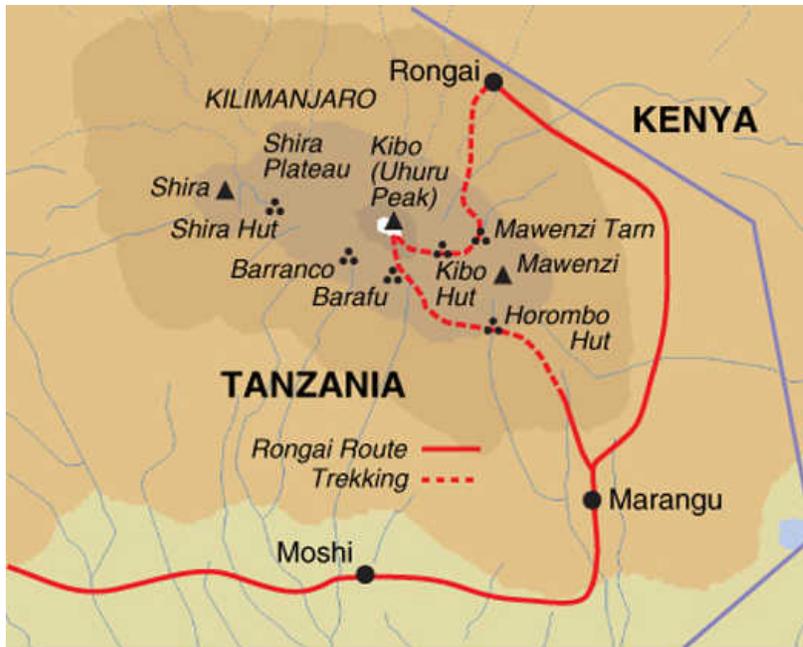
Turen starter
Marangu

8 dager
Fra : NOK

31 795

Oversikt

Trek Africa's highest and most fabled mountain



Reiseroute

Day 1

Start Marangu.

There will be a trip briefing this afternoon/evening. Please bring your passport, insurance details and air ticket details. The briefing will cover all aspects of your trip and will include the distribution of any hired equipment you have booked. *Comfortable Hotel*

Day 2

Begin ascent through Rongai Forest (2600m).

After completing the necessary registration formalities, we transfer by road to Nale Moru (1,950m) to begin our climb on this unspoilt wilderness route. The first day is only a half-day walk on a small path that winds through farmland and pine plantations. It is a consistent but gentle climb through attractive forest that shelters a variety of wildlife. We reach our first overnight stop by late afternoon at the edge of the moorland zone (2,600m). Approx 3-4 hours walking. *Full-service Camping*

Day 3

Climb to Kikelewa moorland (3600m).

The morning walk is a steady ascent up to 'Second Cave' (3,450m) with superb views of the Eastern icefields on the rim of Kibo, the youngest and highest of the three volcanoes that form the entire mountain. After lunch, we leave the main trail and strike out across the moorland on a smaller path towards the jagged peaks of Mawenzi, the second of Kilimanjaro's volcanoes. Our campsite, which we reach in late afternoon, is in a sheltered valley near Kikelewa Caves (3,600m). Approx 6-7 hours walking. *Full-service Camping*

Day 4

Steady ascent beneath Mawenzi (4330m); afternoon acclimatisation.

A steep climb up grassy slopes is rewarded by superb panoramas of the Kenyan plains to the north. We leave vegetation behind close to Mawenzi Tarn (4,330m), spectacularly situated in a cirque beneath the towering cliffs of Mawenzi. The afternoon will be free to rest or to explore the surrounding area as an aid to acclimatisation. Approx 3-4 hours walking. *Full-service Camping*

Day 5

Cross lunar desert of the 'Saddle' to Kibo, at the bottom of summit cone (4750m).

We leave our attractive campsite to cross the lunar desert of the 'Saddle' between Mawenzi and Kibo to reach Kibo campsite (4,700m) at the bottom of the Kibo Crater wall by early afternoon. The remainder of the day is spent resting in preparation for the final ascent before a very early night! Approx 5-6 hours walking. *Full-service Camping*

Day 6

Early start to reach Gillman's Point in time for sunrise over the crater rim; on to Uhuru Peak, the highest point in Africa (5895m). Descend to Horombo (3720m).

We will start the final, and by far the steepest and most demanding part of the climb by torchlight at around midnight. It will be extremely cold as we walk very slowly in darkness on a switchback trail through loose volcanic scree to reach the Crater rim at Gillman's Point (5,685 m). We will rest there for a short time to enjoy the spectacular sunrise over Mawenzi. Those who are still feeling strong can make the three hour round trip along the snow-covered rim to the true summit of Uhuru Peak (5,895m), passing close to the spectacular glaciers and ice cliffs that still occupy most of the summit area. The descent to Kibo Hut (4,700m) is surprisingly fast and, after some refreshments and rest, we continue descending to reach our final campsite at Horombo (3,720m). This is an extremely long and hard day, with between 11 and 15 hours walking at high altitude. *Full-service Camping*

Day 7

Continue descent to Mandara and Marangu.

A sustained descent with wide views across the moorland takes us into the lovely forest around Mandara (2,700m), the first stopping place on the Marangu route. The trail continues through semi-tropical vegetation to the national park gate at Marangu (1,830m). We leave the local staff to return to our hotel in Marangu by mid-afternoon for a well-earned rest and a much needed shower and beer! Approx 5-6 hours walking. *Comfortable Hotel*

Day 8

End Marangu.

Depending on the time of your return flight the day can be spent resting in the hotel garden or exploring the village for souvenirs. There is a highly recommended but optional village walk that explores Marangu for half a day. This village is a fascinating mixture of small but fertile coffee and banana farms, friendly Chagga people, and some beautiful scenery with waterfalls and magnificent views. **

Viktig Informasjon

The trip destination

* 2 nights comfortable hotels, 5 nights full-service camping in three-man tents, private toilet tents provided * 6 days point-to-point trekking with steep ascents and descents * Full porterage throughout * Altitude maximum 5895m, average 4000m * Full moon departures * Exodus is a member of the Kilimanjaro Porters Assistance Project (KPAP)

Food

All breakfasts, 6 lunches and 5 dinners included. All meals during the climb are included. Please allow about GBP40 (USD65) for the meals not included, while in hotels. On trek the emphasis is on a varied and well-balanced diet with a greater amount of fresh fruit and soup to maximise the daily intake of fluids. Vegetarians are well catered for but please inform us before departure of any special dietary requests. Please note that in Tanzania the availability of certain specialised products for restricted diets, e.g. gluten-free or dairy-free, is minimal or non-existent and we strongly recommend you bring these specialised dietary items from home. The menu has a high liquid and carbohydrate content; the two important elements for successful climbing. At higher altitudes, stimulants (such as coffee) and less digestible foods (such as meat) are not recommended. Our evening meal at the highest camp on Kilimanjaro is a meatless stew as our experience shows this to be the ideal preparation for the summit day. At mealtimes a selection of hot drinks are available. Soup is served twice daily. *Daily Meals* Bed Tea - tea or coffee served in your tent. Breakfast - consists of seasonal fresh

fruit (mango/banana/watermelon), porridge, cooked eggs, sausage, bacon and toast. Energy snacks are provided for the daily walk such as biscuits, bananas, and chocolate bars. Lunch - either a packed lunch on longer days or, more usually, a hot lunch served in camp by a small team who have raced ahead of the clients. A hot lunch typically consists of soup, bread or pancakes, cheese, tuna, jam, peanut butter, pasta salad and cake. Afternoon tea - served in late afternoon. It is an opportunity to drink lots of hot drinks and snack on peanuts or popcorn. Dinner - the main meal of the day and always consists of three courses; soup and bread, followed by the main dish, which could be rice, potatoes or pasta with fish, meat or vegetables, and is followed by a dessert often of fruit. Summit snacks - Whilst we provide enough food for the climb, we recommend that you bring some of your favourite snacks, and keep them for the summit day. This is because the summit day is a long and tough climb and having your favourite snacks can give you a very welcome boost. *Water* Whilst the water we provide on Kilimanjaro is suitable for drinking you may wish to be extra safe and treat it with your own water purification tablets. Biox Aqua drops or tablets are the best available alternative for sale in the UK as they kill giardia and cryptosporidium.

Accommodation

Priser / Datoer

Ved skriftlig aksept av vårt tilbud bekrefter du/dere at våre betingelser er både lest og forstått og at evt kansellerings gebyrer kan tilkomme ved en evt. avbestilling av reisen

Tilgjengelige datoer	Pris (1 voksen)	Pris (1 barn)	Status reise
Sat, 06 Mar 21 / Sat, 13 Mar 21	NOK 32 142	På forespørsel	Ledig
Sat, 19 Jun 21 / Sat, 26 Jun 21	NOK 32 142	På forespørsel	Ledig
Sat, 31 Jul 21 / Sat, 07 Aug 21	NOK 32 142	På forespørsel	Ledig
Sun, 15 Aug 21 / Sun, 22 Aug 21	NOK 32 142	På forespørsel	Ledig
Sat, 04 Sep 21 / Sat, 11 Sep 21	NOK 32 142	På forespørsel	Ledig
Sat, 18 Sep 21 / Sat, 25 Sep 21	NOK 32 142	På forespørsel	Ledig
Sat, 16 Oct 21 / Sat, 23 Oct 21	NOK 31 795	På forespørsel	Ledig
Mon, 20 Dec 21 / Mon, 27 Dec 21	NOK 31 795	På forespørsel	Ledig

Vi vil komme tilbake til deg med et tilbud på den forespurte reisen/pakken i løpet av 48 timer. Alle tilbud er uforpliktende og er vanligvis gyldige i 7 dager. Vi gjør oppmerksom på at reserverte tjenester kan bli kansellert innenfor disse 7 dagene og at pris kan endres inntil en endelig bestilling er mottatt.



VIRKE



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