

Tour du Mont Blanc Hotel Trek



Turkode
TWO

Turen destinasjon
Chamonix

Destinasjoner
Frankrike - Italia - Sveits

Reisen er levert av



Turen starter
Chamonix

15 dager
Fra : NOK

37 918

Oversikt

Walk the classic circuit through France, Switzerland and Italy



Reiserute

Day 1

Start Chamonix.

In the evening there is an introductory briefing by your leader.

Day 2

Lac Blanc and the Grand Balcon Sud from Chamonix to les Frasserands

From our hotel in Chamonix we walk to Les Praz and take the cable car to La Flégère (1,860m – 6100). The trail today is named the 'Grand Balcon' and is on the opposite side of the valley from Mont Blanc, affording excellent views of the whole massif lying to our south. Initially we contour and then climb to reach the high point of the day, Lac Blanc (2352m - 7715ft). The trail descends and then contours high above the valley before dropping steeply to the hamlet of Les Frasserands and Montroc (1,371m - 4500ft). In the afternoon there is a very short section of ladders/steep steps with handrails to descend. We return to our hotel in Chamonix in the afternoon. 8.00 hours walking. 500m – 1640ft up, 980m – 3220ft down

Day 3

Over Col de Balme into Switzerland; night at Col de la Forclaz.

We travel back to Montroc at the top of the Chamonix valley where we begin our ascent to the Aiguillette de Posettes (2201m – 7200ft), descend a little and then climb towards the Col de Balme (2191m – 7190ft) from where we follow one of the paths across the border from France to Switzerland. Excellent views all morning of Aiguille d'Argentière and Aiguille du Tour and its glacier. After lunch we walk through to the small Swiss hamlet of Trient (1296m – 4250ft). Good views of the Trient Glacier. A sting in the tail today as we finish with a steep climb from Trient to our hotel at the Col de la Forclaz (1527m – 5010ft). 8.5 hours walking time including breaks and lunch etc. 1190m/3900ft up, 1060m/3466ft down

Day 4

Follow Bovine Route to Champex.

We leave the Col de la Forclaz, where we can look directly down into the Rhône valley and the Swiss town of Martigny and follow an historic path used to take the cows to high pasture, the 'Bovine route' (2049m – 6720ft). Our trail takes us through meadows and high alpine pastures before we descend to the charming town of Champex (1486m – 4880ft) set beside a picturesque alpine lake. 7.5 hours walking, 680m – 2230ft up, 720m – 2360ft down

Day 5

Head up the Val Ferret to La Fouly.

Now on the east side of the main Mont Blanc Massif we walk south, descending through woods to the Val Ferret and on to Issert (1055m – 3460ft) and other small, pretty, alpine farming villages. This is quite a good day for flowers, including orchids. We continue up the valley to the remote village La Fouly (1600m - 5250ft). This is at the foot of Mont Dolent, whose summit is at the meeting point of France, Switzerland and Italy. 6 hours walking, 440m – 1450ft down, 540m – 1780ft up

Day 6

Follow river La Drance; climb to the highest point of the tour at Grand Col Ferret and into Italy. Overnight at La Palud.

Still following the same valley and the river 'La Drance', we climb to the 'Grand Col Ferret' (2537m – 8320ft), the highest pass of the tour. Now in Italy, the valley is also called 'Val Ferret'. The mountain views from the Col are stunning with the Grandes Jorasses dominating the scene. We walk down the valley to Arp Nouva (1770m – 5800ft) then travel by bus to our hotel in La Palud near Courmayeur. (BLD) 7 hours walking, 970m – 3180ft up, 800m – 2600ft down

Day 7

Rest day.

The nearby ex-spa towns of Courmayeur and Entrèves have picturesque older sections, which are worth a visit, especially for the keen photographer. There is a cable car from Entrèves to Point Helbronner (3461m – 11350ft) and on across the glacier to Aiguille du Midi (and in fact on down to Chamonix). This is a splendid (optional) excursion, which gives close-up views of all the big peaks. Alternatively you might wish to relax and recover in the Spa bathes at Pre Saint Didier a short bus ride from Courmayeur.

Day 8

Climb to Bonatti refuge and traverse high above the spectacular Ferret Valley around Mont de la Saxe to Courmayeur.

We start with a short bus ride to pick up the TMB and from the road (1675m – 5500ft) climb up to the Bonatti refuge (2025m – 6640ft). Today we follow a beautiful contouring path around Mont de la Saxe to Courmayeur. The views of the south Mont Blanc massif are exceptional as are those of the towering, peaks of the 'Grandes Jorasses' and the glaciers which crowd the northern flank of the Val Ferret. In the afternoon we have a long, steep descent to Courmayeur (1230m – 4030m) (superb ice creams!) from where we take a short bus ride into the spectacular Val Veny (1530m – 5020ft). 8 hours walking. 500m – 1640ft up, 900m 4400ft down

Day 9

Cross the Col de la Seigne back to France, descend through la Ville des Glaciers to Les Chapieux.

Today we are heading for the Val Veny and the start of our walk at La Vissaille (1660m – 5450ft). We'll reach this by bus to then start climb gently along good paths beneath the massive glacier de Miage and pass Lac Combal before the gradient becomes steeper as we follow the old Roman road and head for today's pass: the 'Col de la Seigne' (2516m – 8250ft), which marks our re-entry into France. A fairly steep descent brings us through la Ville des Glaciers (1789m – 5870ft) and finally after quite a long walking day to Les Chapieux (1553m – 5090ft), a small remote hamlet inhabited only during the summer months. 8.5 hours walking time including breaks and lunch etc. 870m – 2840ft up, 970m – 3180ft down

Day 10

Ascend to Col de la Croix du Bonhomme, then contour across to the Col du Bonhomme.

We have now reached the southwest corner of the circuit and turn north to climb once again. Today is a longer day; first we make a steep climb to the Col de la Croix du Bonhomme (2478m – 8130ft) and then contour around to the Col du Bonhomme (2328m – 7640ft). We then descend (again on a Roman road) to our campsite in Les Contamines (1180m - 5900ft). A short bus ride down the valley takes us to the pretty village of St Gervais, the perfect place for a day off. 8.5 hours walking time including breaks and lunch etc. 930m – 3050ft up, 1340m – 4400ft down

Day 11

A well-earned rest day. There are many options to fill your day including taking the cog railway to Le Nid d'aigle – the Eagles Nest - a popular start point to climb Mont Blanc, or browsing around the local market of Les Contamines. There are plenty of optional walks in the area or one can simply relax around the pleasant town of St Gervais or even treat yourself to a rejuvenating spa.

Day 12

Over Col de Tricot to the Chamonix Valley; overnight at Les Houches.

Today is a challenging day with plenty of ups and downs. From St Gervais we have a 10 min transfer to re-join our route before ascending to the Chalets de Miage (1560m – 5120ft). From here we take a trail that climbs steeply to the Col de Tricot (2119m – 6950ft) before descending very close to the snout of the Glacier de Bionnassay. Good views of the north side of the Mont Blanc Massif. Eventually we make another ascent to reach the Col de Voza (1652m – 5418ft) where we re-enter the Chamonix Valley and make our final descent to the village of Les Houches (993m - 3225ft). 8.5 hours walking time including breaks and lunch etc. 1200m – 3980ft up, 1370m – 4500ft down

Day 13

Best views of Mont Blanc today; long ascent to the Brevent, descend to Chamonix.

We cross to the north side of the Chamonix Valley and climb steeply through pine forest and then on open mountainsides to reach the high point of the day at Brevent (2525m – 8290ft). This is a long walking day but will probably afford the best views of the French side of Mont Blanc and its neighbouring peaks that we shall have on the whole trek. We descend to Plan Praz (1970m - 6460ft) and take the cable car to Chamonix (1061m) for a well-deserved beer. 7.5 hours walking time including breaks and lunch etc. 1500m – 4921ft up, 520m – 1690ft down

Day 14

Free day in Chamonix.

Free day in and around Chamonix. There are several good walks in the Chamonix valley. Chamonix itself is also a great place to spend a day. The most popular excursions, weather depending, would be the spectacular ascent by cable car to the Aiguille du Midi or the Montenvers cog railway.

Day 15

End Chamonix.

Viktig Informasjon

The trip destination

14 nights hotels/pensions/village inns 10 days point-to-point walking with baggage transfers 8 days challenging and 2 days moderate walking Altitude maximum 2537m, average 1525m

Food

Included in the trip are all breakfasts, 10 picnic lunches and 12 hotel/restaurant dinners. On free days 7, 11, 14 and both transfer days lunch is not provided. On the free days 7 and 14 dinner is also not included and needs to be bought locally. We take our evening meals in the hotel in which we are staying or in a nearby restaurant. These meals are usually arranged as a 'menu' for the whole group and as they are based on special negotiations made by us represent better value than eating independently. Please note that should the times of flights change to arrive earlier, or depart later, additional

meals will not be included. Please also note that no refund will be given for meals not taken or taken other than where designated. Typical Meals Continental Breakfast: Will normally include coffee, tea, hot chocolate, French bread, croissant and conserves. Picnic-Style Lunch: Generally include bread, cold meat, cheese, tinned fish, fresh salad vegetables and fresh fruit. You may wish to bring (or buy locally), snack bars for an extra energy boost throughout the day. Evening meal: A first course of soup, salad or charcuterie, a main course of meat with one or two vegetables or rice or pasta, a dessert course. Beer, wine, bottled water, other drinks, coffee or tea are not included in the price of evening meals taken in restaurants. Vegetarians: We happily cater for vegetarians but please inform us at the time of booking. If you take a vegan diet you should expect that variety of food may be limited whilst on this trip. As this kind of diet is relatively uncommon in this region we cannot guarantee that the hotels and restaurants will provide meals that have the necessary variety to be considered satisfying when on a more restricted diet. Drinks: Please note that drinks are not included and you will be expected to pay directly for any wine/tea/coffee taken at dinner.

Accommodation

Priser / Datoer

Ved skriftlig aksept av vårt tilbud bekrefter du/dere at våre betingelser er både lest og forstått og at evt kansellerings gebyrer kan tilkomme ved en evt. avbestilling av reisen

Tilgjengelige datoer	Pris (1 voksen)	Pris (1 barn)	Status reise
Sat, 18 Jun 22 / Sat, 02 Jul 22	NOK 37 918	På forespørsel	Ledig
Sat, 25 Jun 22 / Sat, 09 Jul 22	NOK 37 918	På forespørsel	Ledig
Sat, 02 Jul 22 / Sat, 16 Jul 22	NOK 37 918	På forespørsel	Ledig
Sat, 16 Jul 22 / Sat, 30 Jul 22	NOK 37 918	På forespørsel	Ledig
Sat, 30 Jul 22 / Sat, 13 Aug 22	NOK 37 918	På forespørsel	Ledig
Sat, 13 Aug 22 / Sat, 27 Aug 22	NOK 37 918	På forespørsel	Ledig
Sat, 20 Aug 22 / Sat, 03 Sep 22	NOK 37 918	På forespørsel	Ledig
Sat, 27 Aug 22 / Sat, 10 Sep 22	NOK 37 918	På forespørsel	Ledig
Sat, 03 Sep 22 / Sat, 17 Sep 22	NOK 37 918	På forespørsel	Ledig

Vi vil komme tilbake til deg med et tilbud på den forespurte reisen/pakken i løpet av 48 timer. Alle tilbud er uforpliktende og er vanligvis gyldige i 7 dager. Vi gjør oppmerksom på at reserverte tjenester kan bli kansellert innenfor disse 7 dagene og at pris kan endres inntil en endelig bestilling er mottatt.



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